

SPANDAN'19



CHARUTAR VIDYA MANDAL'S A.R.COLLEGE OF PHARMACY & G.H.PATEL INSTITUTE OF PHARMACY

Re-accredited (B. Pharm.) by NBA, New Delhi
National Ranked NIRF-MHRD
Affiliated to Gujarat Technological University,
Approved by AICTE, PCI & CTE
Vallabh Vidyanagar - 388 120



"DEVOTED TOWARDS EXCELLENCE IN PHARMA. EDUCATION"

Teaching Staff



Non-Teaching Staff





Krishna Patel
B.Pharm. 6th Sem.

शुक्लां ब्रह्मविचारसारपरमामाद्यां जगद्व्यापिनीं ।
वीणापुस्तकधारिणीमभयदां जाड्यान्धकारापहाम् ।
हस्ते स्फाटिकमालिकां च दधतीं पद्मासने संस्थितां
वन्दे ताम् परमेश्वीरीं भगवतीं बृद्धिप्रदां शारदाम् ॥

A. R. College of Pharmacy & G. H. Patel Institute of Pharmacy
Re-accredited by NBA (New Delhi)
NIRF (MHRD, New Delhi) Ranked
Affiliated to Gujarat Technological University
Approved by AICTE, PCI & CTE

Managed by
Charutar Vidya Mandal

Principal (I/C) : Dr. Vishnubhai A. Patel

Academic Programmes

(Year of establishment and total seats in various programmes)

D. Pharm (Established on 1981) **30 seats (GIA)**

B. Pharm (Established on 1982) **30 seats (GIA) & 30 seats (SFI)**

M. Pharm (Established on 1999) **72 seats (SFI)**

Branches in M. Pharm: Pharmaceutics, Pharmaceutical Chemistry,
Pharmacology, Clinical Pharmacy, Pharmacognosy & Medical Chemistry.

Doctoral Programme (Ph.D.) Pharmaceutical Sciences.

Our Vision

Our vision is to grow into mega with resolution of becoming autonomous in the field of pharmaceutical industry with vision of problem solving and to be deeply interactive in innovation for integrating various medical disciplines going in depth especially of Indian Medical System .

Our Mission

Our mission is to contribute to growth of our nation by providing quality training in pharmacy so as to groom new generations to be professionals, technologists, conscious researchers and good citizens for the socio-economic development of our society and to become the leader in pharmaceutical education.

EDITORIAL BOARD

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**From the Editor's desk....**

Continuing with our nonthemed issues, this year the Editorial Board has again assembled a diverse group of articles along with the report on educational, cultural and sports events in and around the college in the form of SPANDAN' 2019.

We sincerely thank our Chairman, Er. Bhikubhai B. Patel and I/C Principal, Dr. Vishnu A. Patel for their continued support in reviving the pulsations of SPANDAN' 2019.

Heartfelt thanks to our contributors for their unstinted efforts and hope our readers continue to find useful and interesting information in the magazine which serves as a mesmerizing memorial track of the year that was.

Happy reading.....

*Please feel free to drop your suggestions at:
arcspandan2014@gmail.com (for private circulation only)*

Central Committee (2018-2019)

President : **Dr. V. A. Patel**
 Vice President : **Mrs. Shital S. Gajjar**
 General Secretary : **Mr. Jay D. Shah**
 Girls' Representative : **Ms. Rashi Hakim**

Sr. No.	Class	Class Representative	Port Folio	Staff Counselors
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5	Diploma Pharmacy (Final Year)	Mr. Chirag N. Patel	Examination	Dr.J.R.Parikh (Convener) Dr. N.N.Shah Dr.R.S.Mehta
6	Diploma Pharmacy (First Year)	Ms. Shruti C. Sukhadia	Library	Dr.(Mrs) A.D.Captain (Convener) Mrs. D.C.Nagda Dr. S. Pande Mrs.P.K.Patel
7	M.Pharm. (Final Year)	Ms. Janu A. Vashi	Institute Industry Interaction Cell Udisha Club (GTU placement)	Dr.A.B.Solanki (Convener-Degree) Mr. H.K.Patel (Convener-Diploma) Dr.V.M.Vaghela, Dr. S.Pande Mr. N.J.Megha/Ms. S.V.Chaudhary
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10	B.Pharm. (Third Year)	Ms Usha S. Chaudhary	Hostel(Girls)	Dr.(Mrs) P.D Sachdeva(Convener)

Message from Chairman



“Education is not the filling of a pail, but the lighting of a fire.”

-William Yeats

This has been an auspicious and exceptional year for me. The A.R. College of Pharmacy and G.H. Patel Institute of Pharmacy has been marching ahead achieving success with the sheer dint of hard work, meticulous attention to teaching and learning process and the field of research and development.

Charutar Vidya Mandal firmly believes in the continuous efforts to make available the very best in the field of education, kindling the fire in every young mind.

As SPANDAN'2019 is ready for publication, I appreciate the quantum of work done by the praiseworthy editorial team, staff and students of this institute.

My best wishes and blessings to A.R. College of Pharmacy and G.H. Patel Institute of Pharmacy for their continuous journey towards excellence.

Warm wishes,

Er. Bhikhubhai B. Patel
Chairman,
Charutar Vidya Mandal

Message from Hon. Secretary



It gives me great pleasure to appreciate the core editorial team, students and staff of A.R. College of Pharmacy and G.H. Patel Institute of Pharmacy for their perseverance and delightfully imaginative innovations reflected in SPANDAN'2019.

Charutar Vidya Mandal has always encouraged one and all to scale new heights along with education.

Let us turn the pages of the magazine and be absorbed by the captivating write ups of the ignited minds.

Best wishes,

Dr. S. G. Patel
Hon. Secretary,
Charutar Vidya Mandal

Message from Hon. Jt. Secretary



It fills my heart with joy as I pen down my thoughts for SPANDAN'2019.

A college magazine plays a vital role in the students' growth and development. In fact it is quite a remarkable feat, with a considerable amount of coordination required to collate the contributions of the versatile students of our institution.

The student and teacher editors deserve my respect and admiration for their resourceful endeavours in procuring the content that is spread over these pages.

I convey my best wishes to A.R. College of Pharmacy and G. H. Patel Institute of Pharmacy for its future growth and prosperity.

Warm regards,

Shri Ramesh Talati
Hon. Jt. Secretary,
Charutar Vidya Mandal Campus

Message from Principal's Desk



“ Educating the mind without educating the heart is no education at all.”

Aristotle

As an academician, I am conscious of the quality of education imparted under my care. My students are very important to me. The assurance of excellence in all spheres is a duty that is taken in the spirit of harnessing the sheer potential of the students of this institution.

The annual college magazine SPANDAN'2019 offers a promising glimpse of the ingenious talents of the contributors. It is a wonderful way of involving the students in engaging and life enhancing pursuits.

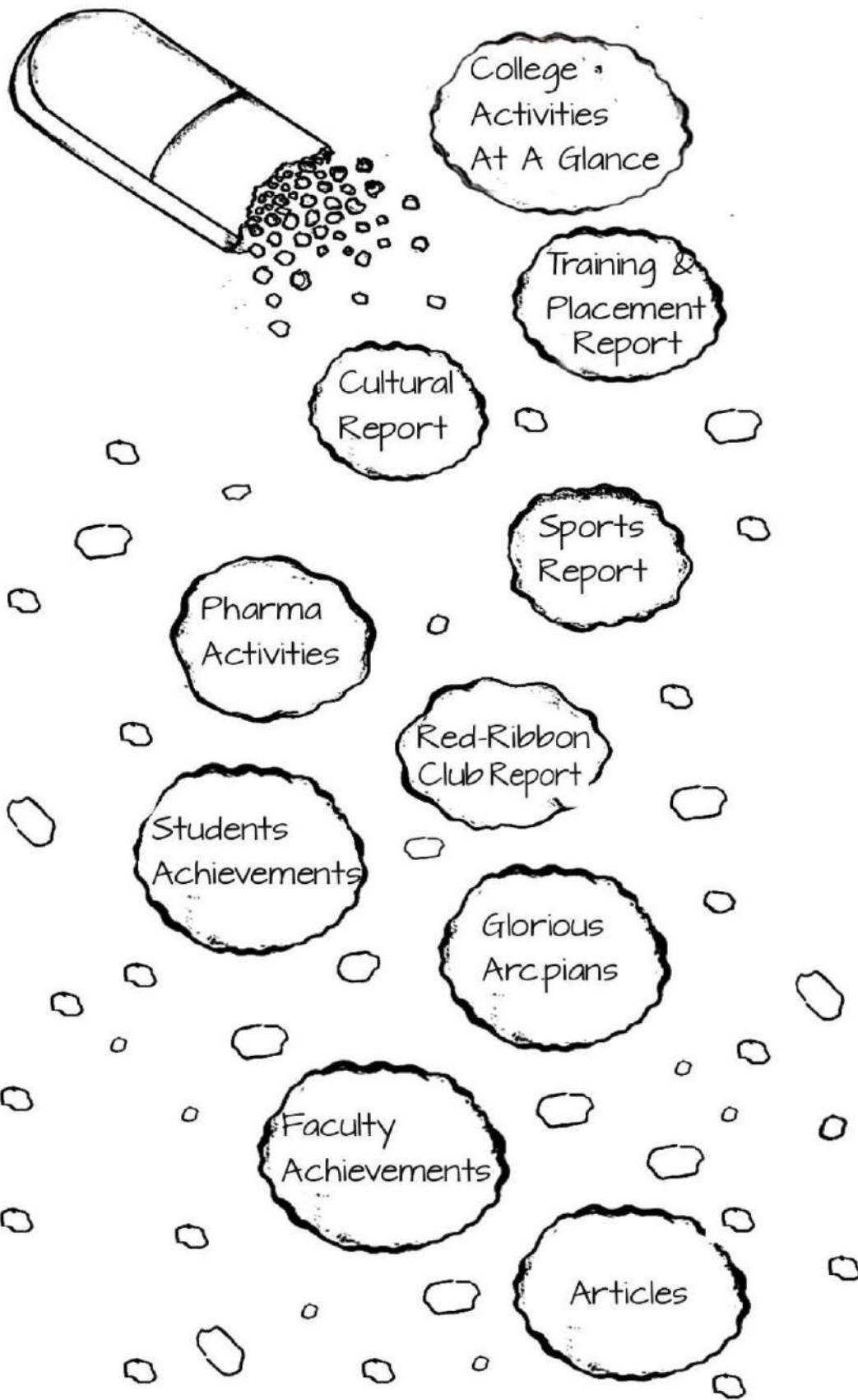
Inspite of the tight schedule and oscillating between the semester exams and internals, the students and the staff have been successful in bringing out this magazine.

I congratulate all the students and faculty for this publication which has been a work of unbridled determination.

I convey my best wishes and blessings to the outgoing students in their future endeavours.

Warm regards,

Dr. Vishnu A. Patel
I/C Principal



College Activities at a Glance (2018-2019)

Date	Activities
18 th March 2018	37 th Annual Day & release of SPANDAN 2018
18 th March 2018	Talent Evening
21 st June 2018	International Yoga Day
9 th July 2018	Guest lecture by Ms. Shohana Menon, faculty from CVM's IAS Academy
18 th July 2018	B.Pharm 7 th Semester students visited Montage Laboratories Pvt. Ltd, Himmatnagar
13 th August 2018	M Pharm 3 rd Semester students visited Sun Pharmaceuticals Ltd., Vadodara
17 th August 2018	B.Pharm 5 th Semester students visited Amneal Pharmaceuticals , Ahmedabad
15 th August 2018	Independence Day Celebration
5 th September 2018	Teacher's Day Celebration
6 th September 2018	Blood Donation Camp
1 st October 2018	World Pharmacist Day Celebration
6 th October 2018	Ratri Before Navratri- Aadhyashakti-2018
1 st & 2 nd December 2018	GSPC sponsored Refresher Course Organized for Registered Pharmacist
17 th to 19 th December 2018	Entrepreneurship Awareness camp
19 th December 2018	Students of B. Pharm 8 th Semester & Diploma Pharmacy Part II visited Baroque Pharmaceuticals Pvt. Ltd, Khambhat
13 th February 2019	Thalassemia screening camp
20 th & 21 st February 2019	Spark 2019 (Cultural activity)
21 st February 2019	Matribhasha Divas
25 th February 2019	Guest lecture by Dr. Nilesh Kanzariya
2 nd March 2019	Free Health Checkup camp
1 st to 4 th March 2019	Sport's Day
6 th March 2019	Blood Donation Camp

Training And Placement Cell Annual Report

Training and Placement cell of the institute is largely responsible and committed to identifying and catering to the need of training of students to enable them to develop good skills and assist them in finding a right job in a right organization for themselves.

Details of the activities carried out during the year:

- Students were guided for scope, preparing CV and applying for jobs.
- Industrial training and visits were arranged for the students.
- Various Pharmaceutical industries were invited to conduct campus interviews.

Industrial Visit:

Industrial visits had been arranged to enable the students to interact with industry personnel and increase their knowledge of current industrial practices.

- Students of B.Pharm 7th semester accompanied by Dr. (Mrs.) J. R. Parikh and Dr. (Mrs.) N. N. Shah visited Montage Laboratories Pvt. Ltd, Himmatnagar on 17th July, 2017.
- Students of B.Pharm 6th semester visited Aayushi Pharmaceuticals Pvt. Ltd, Chattral on 31st January, 2018 and were accompanied by Dr. V. M. Vaghela and Dr. Dinesh Thakkar.

Training:

- All the students of B Pharm 6th semester underwent 1 month training at various pharmaceutical manufacturing units.
- A workshop on “Building Regional Innovation and Student Startup Ecosystem” was organized by Gujarat Technological University at BVM, Vallabh Vidyanagar on 2nd January, 2018. 14 students of B. Pharm 8th Semester attended this workshop.
- A National level seminar on “Startup: Igniting Innovations & Leadership” sponsored by SSIP, Govt. of Gujarat was attended by 12 students of B. Pharm 6th and 4th Semester on 18th January, 2018 at Anand Pharmacy College, Anand.

Placement of the students:

In the academic year 2017-18, total 14 students of the M. Pharm and B. Pharm were recruited/selected by the various organizations. Salary offered to the students ranged from Rs. 1,20,000- to 1,92,000- per annum.

List organization approached our institute for recruitment of students.

1. Alembic Pharmaceuticals Ltd, Vadodara.
2. Indian Healthcare Solution.
3. Baroque Pharmaceuticals Pvt. Ltd, Khambhat.
4. Oxygen Healthcare ltd, Ahmedabad.
5. Troikaa Pharmaceuticals Limited, Ahmedabad.
6. Win-Medicare Pvt Ltd, Ahmedabad.
7. Meditab Software (India) Private Ltd., Ahmedabad
8. Intas Pharmaceuticals Ltd., Ahmedabad.
9. IP Calculus, Surat.
10. Asoj Soft Caps Pvt Ltd, Vadodara.
11. Glaxosmithkline Ltd., Ahmedabad.
12. Torrent Pharmaceutical Ltd., Ahmedabad.

Cultural Report For The Year 2018-2019

Culture may be described as that which makes life worth living adding rainbow colors to it. In the tough and hectic schedule, these cultural & co curricular activities make students life spicy and enjoyable. The students of our college actively participated in various events organized by different colleges and showcased their talent.

Apocalypse 2018 is a state level event organized by K.B. Institute of Pharmaceutical Education and Research that includes various competitions like PowerPoint presentation, Pharm modeling, Debate, Quiz, Case study etc. This educational carnival was organized on 16th and 17th August 2018. Students enthusiastically participated in various events.

Teacher's Day Celebration was celebrated by the institute on 5th September 2018, the birthday of Dr. Sarvapalli Radhakrishnan, wherein students played the role of teachers by delivering lectures and conducting practicals.

Aadhyashakti 2018 was organized by the institute on 6th October 2018 with great enthusiasm. The students in their vibrant costumes mesmerized the spectators by their sparkling performances. The quorum of judges had a tough call to decide the winners.

Category	Name of Winners	Semester
Best Performance (Male)	Dhyev Soni	B.Pharm 5 th semester
Best Dress (Male)	Parth Vaidya	B.Pharm 5 th semester
Best Performance (Female)	Anal Patel	B.Pharm 1 st Semester
Best Dress (Female)	Anjali Zankat	B.Pharm 7 th semester

Encuesta is a Quizzing Carnival organized by ILSASS College, VV Nagar. Students of B. Pharm 4th, 6th and 8th semester participated in events like Quiz and Dumb Charades and put their quizzing knowledge and guessing ability to test.

National Conference of Institute of Pharmacy: Hasnain Ginwala of B. Pharm 8th Semester participated and secured 5th position in Poster making competition, at 3rd National Conference of Institute of Pharmacy NCIP 2019 on 24th & 25th January 2019 organized by Nirma University.

Volcano 2019 is an Annual Youth Festival organized by Rotary Club Anand Round Town. Janvi P Patel of 4th Semester and Parth Vaidya of 6th Semester secured 3rd Position in Poster Making Competition.

Spark 19 is an annual event of A.R.C.P which was held on 20th & 21st February 2019. It is an opportunity that provides a special edge and makes every student strong and competent to face the world and to learn prioritization, team work and time management. Students actively participated in these events and gave their best performance.

Name of event	Name of Winners	Class	Position
Book worm	Iiva Saii, Mehak Bhat	B.Pharm 8 th semester	1 st
	Jalpan Shah, Nisarq Prajapati	B.Pharm 2 nd semester	1 st
Extempore	Niyati Shelat	B.Pharm 4 th semester	1 st
	Hasnain Ginwala	B.Pharm 8 th semester	2 nd
Youth Assembly	Dhruval Patel, Parth Dave	B.Pharm 8 th semester	1 st
	Nivati Shelat, Vrunda Bhavsar	B.Pharm 4 th semester	2 nd
Interview	Hasnain Ginwala	B.Pharm 8 th semester	1 st
	Tarai Vvas	B.Pharm 8 th semester	2 nd
Quiz	Tarai Vvas, Mehak Bhat	B.Pharm 8 th semester	1 st
	Raj Goti, Prashant Vanani	B.Pharm 4 th semester	2 nd
Treasure Hunt	Mahima Thusu, Rutvi Patel, Rashi Kaul, Bijal Rajput	B.Pharm 6 th semester	1 st
Antakshari	Khushboo Patel, Chandani Patel	M.Pharm 2 nd semester	1 st
	Dhvani Trivedi, Urja Zaveri	B. Pharm 2 nd Semester	2 nd

Matribhasha Divas Celebration: To promote the awareness of language and cultural diversity among the students, "**International Mother Tongue Day**" (Matribhasha Divas) was celebrated on 21st February 2019 in our college with various activities like singing and elocution.

Name of event	Name of Winners	Semester	Position
Elocution	Hasnain Ginwala	8 th semester	1 st
Singing	Iiva Saii	8 th semester	1 st

Scintilla is a National Level Pharmacy Technical Festival organized by Faculty of Pharmacy, The MS University of Baroda, Vadodara. Students of B. Pharm 4th & 6th semester participated and tested their cognitive skills in events like Pharmulary, communication skills in Parmatalkathon and in Pharmahunt where their ability to race through barriers to reach the target was tested.

Pharmafest'19 is a National Level Pharmacy Festival organized by Parul Institute of Pharmacy and Research, Parul University, Waghodia. Students of B. Pharm 8th semester had an exhilarating time participating in the plethora of competitions and won laurels for the college.

Name of event	Name of Winners	Semester	Position
Vocal Cyclone	Hasnain Ginwala Tarai Vvas	8 th Semester	1 st
Pharma Debate	Hasnain Ginwala Taraj Vvas	8 th Semester	3 rd

GTU Techfest was organized by BITS Education Campus, Vadodara. Students of B. Pharm 4th & 6th semester tried their hand in technical and non-technical events like Pharma Recipe, Pharma Sketch, Pharma Debate and Pharma Entrepreneurship.

Dhyey Soni and Vrajesh Patel secured 2nd position in Pharma Debate Competition.

Glorious ARCPians (2017-18)

M. Pharm Even Semester (Summer 2018)				
Sr. No.	Discipline	Semester	Name of Ranker	Student SPI GTU Rank
1.	Quality Assurance	4 th	Ms. Malvika Indulal Banavali	8.00
2.	Medical Chemistry	2 nd	Ms. Ankitaben Mohanbhai Tarapra	8.77
3.	Pharmaceutics	2 nd	Ms. Janu Alkeshkumar Vashi	8.62
4.	Quality Assurance	2 nd	Ms. Krishna Bharatkumar Thesiya	7.62
5.	Quality Assurance	2 nd	Ms. Twincy Kiritbhai Patel	7.62
6.	Pharmacognosy	2 nd	Ms. Kaial Dhaniibhai Patel	7.46

M. Pharm Odd Semester (Winter 2017)				
Sr. No.	Discipline	Semester	Name of Ranker	Student SPI GTU Rank
1.	Quality Assurance	3 rd	Ms. Malvika Indulal Banavali	7.83
2.	Medical Chemistry	1 st	Ms. Ankitaben Mohanbhai Tarapra	8.54
3.	Pharmaceutics	1 st	Ms. Janu Alkeshkumar Vashi	7.77
4.	Quality Assurance	1 st	Ms. Krishna Bharatkumar Thesiya	8.00
5.	Pharmacognosy	1 st	Ms. Kaial Dhaniibhai Patel	6.00

B. Pharm Even Semester (Summer 2018)			
Sr. No.	Semester	Name of Ranker	Student SPI GTU Rank
1.	8 th	Ms. Akshara B. Patel	9.09
2.	6 th	Ms. Taraj Nirav Vyas	8.82
3.	4 th	Ms. Sabah Hasan Patel	8.64
4.	2 nd	Ms. Mamtaben Rameshbhai Nasit	9.04

B. Pharm Odd Semester (Winter 2017)			
Sr. No.	Semester	Name of Ranker	Student SPI GTU Rank
1.	7 th	Ms. Akshara B. Patel	9.09 GTU 7 th
2.	5 th	Ms. Taraj Nirav Vyas Ms. Jayati Paragkumar Thakar Ms. Nidhi Satishbhai Patel	8.45
3.	3 rd	Ms. Sabah Hasan Patel	8.91
4.	1 st	Ms. Maria Asgarbhai Bagban	8.93

Diploma Pharmacy (Annual)			
Sr. No.	Class	Name of Ranker	Student SPI GTU Rank
1.	Diploma II	Mr. Nirav Kumar SVNbhai	8.37
2.	Diploma I	Mr. Vinit Dineshbhai Agrawal	8.93 GTU 4 th

Glorious ARCPians

M.Pharm



Malvika Banavali
(Q.A.)



Ankita Tarapra
(Med.Chem.)



Janu Vashi
(P'Ceutics)



Maria Bagban
(1st Sem)



Mamta Nasit
(2nd Sem)



Twincy Patel
(Q.A.)



Krishna Thesiya
(Q.A.)



Kajal Patel
(P'cognosy)



Sabah Patel
(3rd & 4th Sem)



Taraj Vyas
(5th & 6th Sem)

D.Pharm



Niravkumar
(D.Pharm II)



Vinit Agrawal
(D.Pharm I
4th in GTU)



Nidhi Patel
(5th Sem)



Jayati Thakar
(5th Sem)



GPAT 2019 Qualifiers



Akshara Patel
(7th (7th in GTU)
& 8th Sem.)

Cultural Activities



Sport Activities



Pharma Activities



Sports Annual Report 2018-2019

- **Chitral Gandhi** (B. Pharm 8th Semester) participated in **GTU SPIRIT - 2019, INTERZONAL AQUATIC COMPETITION** organized by Sarvajanic College of Engineering and Technology, Surat and won 1-Gold, 1-Silver and 2 Bronze medals in various events. He also won Rs 11,000 cash prize in **KHEL MAHAKHUMBH -2018**, a swimming competition organized by Government of Gujarat, Gandhinagar.
- Students of B. Pharm actively participated in "PHARMA BATTLE-2019" organized by Ramanbhai Patel College of Pharmacy, CHARUSAT, Changa and became winner in various sports.

SPORTS	WINNERS
Cricket Girls	Kruti Sharma (C) & Team
Football Boys	Charmin Patel (C) & Team
Table Tennis-Single	Krishna Thorat (B. Pharm 2 nd Semester)

- Students of B. Pharm enthusiastically participated in "PHARMAFEST 19" organized by Faculty of Pharmacy, PARUL UNIVERSITY. Girl's cricket team became runner-up.
- Our college organized sports Days from 1st March to 4th March 2019. All the students and staff members participated wholeheartedly in various sports events like Cricket, Badminton, Chess, Volleyball, Carom, Football, Table-Tennis, Relay Race and Tug of War.
- The details of winners and runners up are as follows.

Sports: Winners & Runners-Up - 2019

WINNER	RUNNER UP
BADMINTON SINGLE-BOYS	
Adwait Sompura (B. Pharm 8 th Semester)	Soham Karia (B. Pharm 8 th Semester)
BADMINTON SINGLE-GIRLS	
Hiteshi Desai (B. Pharm 8 th Semester)	Rutvi Patel (B. Pharm 6 th Semester)
BADMINTON DOUBLES-BOYS	
Adwait Sompura & Prerak Padhye (B. Pharm 8 th Semester)	Manav Patel & Palash Thakkar (B. Pharm 4 th Semester)
BADMINTON DOUBLES-GIRLS	
Sabah Patel & Bijal Rajput (B. Pharm 6 th Semester)	Kruti Sharma & Dipti Prajapati (B. Pharm 6 th Semester)
BADMINTON MIXED DOUBLES	
Adwait Sompura & Hiteshi Desai (B. Pharm 8 th Semester)	Palash Thakkar & Mythri Rao (B. Pharm 4 th Semester)
CARROM SINGLE-BOYS	
Soham Karia (B. Pharm 8 th Semester)	Vandan Patel (B. Pharm 6 th Semester)
CARROM SINGLE-GIRLS	
Kruti Sharma (B. Pharm 6 th Semester)	Bijal Rajput (B. Pharm 6 th Semester)
CARROM DOUBLES-BOYS	
Manav Patel & Nishant Ratadiya (B. Pharm 4 th Semester)	Rohan Sindhav & Umesh Dharani (B. Pharm 2 nd Semester)

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CARROM DOUBLES-GIRLS	
Kruti Sharma & Mahima Thusu (B. Pharm 6 th Semester)	Jiya Saji & Taraj Vyas (B. Pharm 8 th Semester)
CARROM MIXED DOUBLES	
Kruti Sharma & Vandan Patel (B. Pharm 6 th Semester)	Rashi Hakim & Jay Shah (B. Pharm 8 th Semester)
CHESS-BOYS	
Divy Patel (B. Pharm 2 nd Semester)	Dhrumil Kapatel (B. Pharm 4 th Semester)
CHESS-GIRLS	
Jiya Saji (B. Pharm 8 th Semester)	Kruti Sharma (B. Pharm 6 th Semester)
TABLE TENNIS SINGLE-BOYS	
Krishna Thorat (B. Pharm 2 nd Semester)	Soham Karia (B. Pharm 8 th Semester)
TABLE TENNIS SINGLE-GIRLS	
Himaxi Patel (B. Pharm 4 th Semester)	Kruti Sharma (B. Pharm 6 th Semester)
TABLE TENNIS DOUBLES-BOYS	
Krishna Thorat & Adnan Sadhuvala (B. Pharm 2 nd Semester)	Soham Karia & Darshil Shah (B. Pharm 8 th Semester)
TABLE TENNIS MIXED DOUBLES	
Soham Karia & Ami Naik (B. Pharm 8 th Semester)	Darshil Shah & Taraj Vyas (B. Pharm 8 th Semester)
CRICKET-BOYS	
B. PHARM 8th SEMESTER Hardik Patel(C) & Team	B. PHARM 4th SEMESTER Hiren Solanki (C) & Team
CRICKET-GIRLS	
B. PHARM 4th & 6th SEMESTER (COMBINE TEAM) Kruti Sharma(C) & Team	B. PHARM 2nd & 8th SEMESTER (COMBINE TEAM) Ami Naik(C) & Team
TUG OF WAR-BOYS	
B. PHARM 8th SEMESTER Parth Dave(C) & Team	B. PHARM 4th SEMESTER Palash Thakkar(C) & Team
TUG OF WAR-GIRLS	
B. PHARM 2nd & 4th SEMESTER (COMBINE TEAM) Harita Desai(C) & Team	B. PHARM 8th SEMESTER Mudra Naik(C) & Team
KABADDI	
B. PHARM 8th SEMESTER Chitral Gandhi(C) & TEAM	B. PHARM 4th SEMESTER Hemant Kumavat(C) & Team
VOLLEY BALL	
B. PHARM 4th SEMESTER Manav Patel(C) & Team	B. PHARM 8th SEMESTER Praharsh Shah(C) & Team
FOOTBALL	
B. PHARM 6th SEMESTER Nirav Patel(C) & Team	B. PHARM 4th SEMESTER Yash Parmar(C) & Team
RELAY RACE-BOYS	
Chirag Patel & Kenil Patel Salman Patel & Dinesh Lagariya (D. Pharm 2 nd year)	Adnan Sadhuvala & Krishan Thorat Jalpan Shah & Prince Patel (B. Pharm 2 nd Semester)
RELAY RACE-GIRLS	
Janvi Patel, Harita Desai, Preksha Patel & Meshva Patel (B. Pharm 4 th Semester)	Niyati Shelat, Ishani Shah, Ankita Raina & Priya Bhat (B. Pharm 4 th & 2 nd Semester)

PHARMA ACTIVITIES

INDIAN PHARMACEUTICAL ASSOCIATION, VALLABH VIDYANAGAR LOCAL BRANCH Annual Report for the Year 2018-19

The office bearers and executive members of Vallabh Vidyanagar local branch are:

President : Dr. A. B. Solanki	Executive Members : Dr. N. N. Shah
Vice-President : Dr. R. S. Mehta	: Dr. V. M. Vaghela
Secretary : Mrs. S. S. Gajjar	: Dr. V. V. Karkhanis
Treasurer : Dr. S. Pande	Immediate Past President : Dr. A. K. Saluja

The Indian Pharmaceutical Association is the oldest premier association of pharmaceutical professionals in India, with a member base of over 13,000, spread across the length and breadth of the nation. IPA operates in India through 20 state branches and more than 46 local branches. A. R. College of Pharmacy is one of the 46 local branches, established in 1988.

To fulfill IPA's objective of positioning a pharmacist as an important health care provider, every year VV Nagar local branch of IPA organizes various events.

Blood Donation Camp:

IPA Vallabh Vidyanagar local branch & Red Ribbon Club jointly organized blood donation camp on 6th September, 2018 & 6th March, 2019 in association with Indian Red Cross Society, Anand. The camp received an overwhelming response enabling Indian Red Cross Society to collect more than 40 units of blood on both occasions.

World Pharmacist Day Celebration:

IPA, VV Nagar local branch celebrated World Pharmacist Day on the theme "Pharmacists: Your medicine experts" on 1st October 2018.

On this occasion various events like Elocution, Marketing Mania and Group discussion were organized.

Following are the winners of these events.

NAME OF EVENT	NAME OF WINNERS	CLASS	POSITION
Elocution	Niyati Shelat (Category I)	B.Pharm 3 rd Semester	1 st
	Hasnain Ginwala (Category II)	B.Pharm 7 th Semester	1 st
Marketing Mania	Vishal Patel	Diploma pharmacy part II	1 st
	Himaxi Patel	B.Pharm 3 rd Semester	2 nd
Poster Making	Anal Patel	B.Pharm 1 st Semester	1 st
	Nidhi Lad	B.Pharm 1 st Semester	2 nd
Group Discussion	Hasnain Ginwala Niyati Shelat Mansi Gandhi Anal Patel Mohit Praiapati	B.Pharm 7 th Semester B.Pharm 3 rd Semester B.Pharm 1 st Semester B.Pharm 1 st Semester B.Pharm 1 st Semester	1 st
	Jiya Saji Jhanvi Patel Nidhi Lad Ankita Raina Vatsal Fosi	B.Pharm 7 th Semester B.Pharm 3 rd Semester B.Pharm 1 st Semester B.Pharm 1 st Semester B.Pharm 1 st Semester	2 nd

National Level Elocution Competition

Hasnain Ginwala of B.Pharm 7th Semester participated in National Elocution Competition (State Round) organized by Indian Pharmaceutical Association and hosted by IPA Anand Branch and secured 2nd position.

Guest lecture:

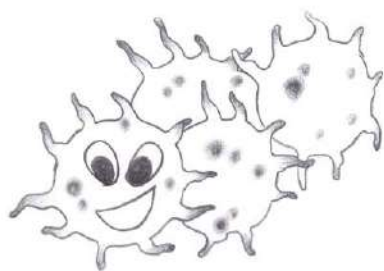
A guest lecture entitled "Transition from Indian Pharmacist to Canadian Pharmacist: Hurdles and Solutions" was organized by IPA on 25th February, 2019 which was efficiently delivered by Dr. Nilesh Kanzariya.

Health Checkup Camp:

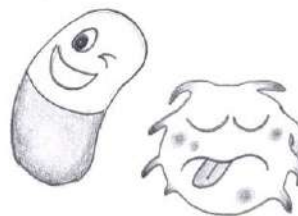
Free Health Checkup Camp was organized by IPA Vallabh Vidyanagar local branch in collaboration with Red Ribbon Club on 2nd March, 2019 at Shashtri Maidan, Vallabh Vidyanagar.

More than 175 people took advantage of the camp and got their Blood Pressure, Pulse and BMI checked. Volunteers of the college also counseled them.

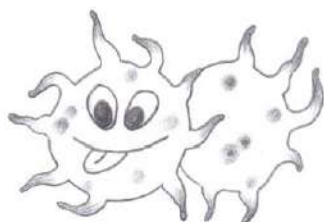
All these programs and events were successfully conducted with support of teaching and non-teaching staff members and student volunteers of the college.



Infection



Action



Omitting Dose Resistance

Ask Your Pharmacist

Discover More

- Krishna Patel (B. Pharm. VIII)

Student's Achievements

Ms. Ankita Tarapra (M. Pharm) received a Research grant amounting Rs. 1.22 Lakhs funded by SSIP through Gujarat Technological University (GTU), Ahmedabad. The project is entitled "Design, Synthesis and Anti-Alzheimer Activity of Novel Chroman Derivatives" [Dr. V. M. Vaghela (Team leader), Dr. R. S. Mehta, Dr. D. V. Thakkar, Ms. Khusboo Patel, Ms. Charvi Kapupura (Team Members)].

GPAT Qualifier:

Total eleven students qualified in Graduate Pharmacy Aptitude Test (GPAT) - 2019 examination.

Sr. No.	Name of Student	GPAT Score	All India Rank
1.	Ms. Tarai Vvas	215	116
2.	Mr. Iatin Rawat	166	744
3.	Ms. Jiya Saji	163	846
4.	Ms. Mehak Bhat	157	1073
5.	Mr. Darshil Shah	149	1406
6.	Ms. Krupali Patel	145	1612
7.	Mr. Hasnain Ginwala	144	1680
8.	Ms. Khusboo Patel	143	1742
9.	Ms. Helly Jethva	134	2478
10.	Ms. Nidhi Patel	118	4501
11.	Ms. Binal Patel	75	17130

Student Participations:

- Ankita Tarapra and Charvi Kupupura attended and presented their research work at Symposium on "Recent Trends in Allied Sciences & Research Scholar Meet-2019", on 22nd - 23rd February, 2019 organized by Department of Chemistry, Uka Tarsadia University, Bardoli.
- Ankita Tarapra, Twincy Patel, Krishna Thesiya, Kajal Patel, Vishakha Patel and Janu Vashi attended and presented their research work at National Conference on "Medicinal Chemistry at the Interface of 21st Century: An Indian Perspective" on 28th January, 2019 organized by Chemistry Department of V. P. & R. P. T. P. Science College, Vallabh Vidyanagar.
- Twincy Patel and Krishna Thesiya attended and presented their research work at International Conference on "Pharmaceutical Regulatory Affairs: Current Scenario" on 8th September, 2018 at K. B. Institute of Pharmaceutical Education and Research, Gandhinagar, Gujarat.
- Vishakha Patel and Janu Vashi attended and presented their research work at National Conference on, "Start-up Entrepreneurship Opportunities in Modern Analytical and Standardization Techniques" on 23rd-24th March, 2018 at Sardar Patel College of Pharmacy, Bakrol, Anand.
- Vishakha Patel and Janu Vashi attended and presented their research work at National Seminar on, "Concept of Dosage Form Designing- An Industrial Perspective" on 27th-28th September, 2018 at SPCP, Bakrol, Anand.
- Ankita Tarapra, Vishakha Patel and Janu Vashi attended and presented their research work at Two Days National Conference On, "End Tuberculosis (TB) Strategy: 2030" on 10th-11th August, 2018 at Anand Pharmacy College, Anand.
- Janvi Patel was selected in innovation in herstart entrepreneurship bootcamp.
- Janvi Patel, Himaxi Patel and Nidhi Pavagadhi won prize in poster presentation at National Seminar organized by IPCPRC, Dharmaj.

Red Ribbon Club Activities Report (2018-2019)

Red Ribbon Club (RRC) of A. R. College of Pharmacy and G. H. Patel Institute of Pharmacy, Vallabh Vidyanagar has been actively working with the mission of developing healthy lifestyle and inculcating the values of service among the youth and increasing access to safe and adequate quantities of blood by promoting voluntary blood donation. With the aim of fulfilling this mission, a Thallesemia Awareness and Screening camp was organized at the institute on 13th February 2019 in association with Indian Red Cross Society, Ahmedabad. 85 students of B. Pharm- Sem II, Diploma Pharmacy I and M. Pharm- Sem II availed the benefit of this camp and got themselves screened for Thallesemia.

Red Ribbon Club also organized Voluntary Blood Donation Camp at the institute jointly with Indian Pharmaceutical Association, Vallabh Vidyanagar branch on 6th September 2018 and 6th March 2019, in association with Indian Red Cross Society, Anand. Students and faculty members wholeheartedly participated in the camp and donated blood voluntarily. More than 40 units of blood were collected in both the camps.

All the activities were organized efficiently and conducted smoothly with the combined efforts of student peer leaders of RRC of the institute, under the guidance of Dr. P. D. Sachdeva and Dr. M. R. Kukkar as conveners of RRC of the institute.

Superannuation



Dr. A. K. Saluja, retired from the post of Principal, after serving this institute for 33 years.



Mrs. U. A. Kansara, retired from the post of Hamal, Library after serving this institute for 22 years.

Faculty Achievements

Research Project - Completed

- Research project entitled “Transnasal Nanoemulsion for Treatment of Schizophrenia: Pharmacokinetic and Pharmacodynamic Consideration” amounting to Rs. 3.00 Lakh funded by GUJCOST, Gandhinagar has been completed. (Dr. A. B. Solanki- as Principal Investigator from October 2017; earlier Dr. R. B. Patel was Principal Investigator).
- Dr. N. D. Trivedi has completed Entrepreneur Awareness Camp under DST-NIMAT Project 2018-19, worth Rs. 20,000.

Research Projects - Ongoing

- Research project entitled “Design, Development and Optimization of the Self- Nanoemulsifying Drug Delivery System (SNEDDS) of Poorly Soluble Drug” amounting to Rs. 1.45 Lakh funded by GUJCOST, Gandhinagar (Dr. A. B. Solanki as Principal Investigator).
- Research project entitled “Design & Synthesis of Novel Selective Serotonin Reuptake Inhibitors (SSRIs) as Potential Antidepressant Agents” amounting to Rs. 1.50 Lakh funded by GUJCOST, Gandhinagar (Dr. V. M. Vaghela as Principal Investigator & Dr. D. V. Thakkar as Co-Investigator).
- Research project entitled “Standardization and Evaluation of Neuroprotective Potential of some herbal drugs in Alzheimer's disease” amounting to Rs. 1.30 Lakh funded by GUJCOST, Gandhinagar (Dr. M. R. Kukkar as Principal Investigator & Dr. P. D. Sachdeva as Co-Investigator).

Projects/ Proposals Submitted to Different Government Funding Agencies

- Dr. V. M. Vaghela submitted a proposal MODROB to AICTE, New Delhi entitled “Modernization of computer lab for enhancement of the functional efficiency of teaching learning in practical work and research project through applications of Software contributing in Pharmaceutical Research” worth Rs 19.5 lakhs.
- Dr. N. D. Trivedi has applied for Phase IV Student Startup Innovation Policy (SSIP), to CTE, Gandhinagar worth Rs 1.2 crore.
- Dr. S. Pande (Principal Investigator) and Dr. A. B. Solanki (Co-investigator) have submitted a research project entitled “Development of Mucoadhesive Microspheres for Nasal Delivery by QbD approach to improve Bioavailability of selected Antihistamines” to AICTE, New Delhi worth for Rupees 24.88 Lakhs under its RPS Scheme.

Publications

- Faculty members of A. R. College of Pharmacy and G. H. Patel Institute of Pharmacy (ARGH) have published six books in their respective fields of specialization since March 2018.
- Faculty members of ARGH are engaged in research and have published more than 10 research articles in reputed national and international peer reviewed journals during the period of March 2018 to February 2019.

Lecture Delivered

- Dr. V. A. Patel delivered a lecture at V. P. Science College, Vallabh Vidyanagar on 03rd August 2018.
- Dr. J. R. Parikh delivered a keynote lecture at a National Seminar on "Concept of Dosage form Designing- An Industrial Perspective" on 27th September 2018 at SPCP, Bakrol.
- Dr. A. D. Captain, Dr. V. J. Galani and Dr. D. V. Thakkar have delivered lectures in Gujarat State Pharmacy Council Sponsored Two Days Refresher Course for Registered Pharmacists at various institutes.
- Dr. V. M. Vaghela has delivered a lecture each at SICART and ARGH, V.V Nagar.

Faculty Recognition

- Dr. A. K. Saluja was appointed as one of the subject experts as NBA evaluator for UG/Diploma Pharmacy, National Board of Accreditation (NBA), New Delhi.
- Dr. A. K. Saluja was appointed as Inspector for D. Pharm, B. Pharm and M. Pharm courses by Pharmacy Council of India (PCI), New Delhi.
- Dr. A. K. Saluja, Dr. V. A. Patel, Dr. R. S. Mehta and Dr. V. M. Vaghela have worked as member of Expert Visit Committee (EVC) of AICTE, New Delhi.
- Dr. V. A. Patel is a Member of the Board of Studies, Faculty of Pharmacy, Sumandeep Vidyapeeth, Vadodara and Sardar Patel University, V. V. Nagar.
- Dr. V. A. Patel and Dr. J. R. Parikh were appointed as V. C. Nominee by Gujarat Technological University (GTU) for the faculty recruitment interview at different institutions across Gujarat.
- Dr. V. A. Patel had worked as judge for oral and poster presentation competition at ISTAR and V. P. Science College, Vallabh Vidyanagar respectively.
- Dr. J. R. Parikh was appointed as V. C. Nominee by M. S. University of Baroda for conducting interview of temporary lecturers.
- Dr. N. N. Shah was appointed as a member, Board of Studies for Pharmacy-Pharmacology branch (Diploma, Degree and Post graduate) at GTU.
- Dr. V. M. Vaghela has cleared Patent Agent Examination-2018 held by Indian Patent Office (IPO) and applied for registration as Registered Patent Agent.
- Dr. V. M. Vaghela has been awarded 1st prize for research paper presentation at 23rd National Convention of APTI, ATPICON-2018 at Jaipur on 5th-6th October, 2018.
- Dr. A. D. Captain was invited as a judge in poster presentation competition at a national level seminar organised by IICP, New Vallabh Vidyanagar.
- Dr. S. Pande was invited as judge for the events of Pharma Recipe and Pharma Poster in GTU Zonal Techfest 19 (Zone 3) at BIP, Vadodara on 09th March 2019.
- Mr. H. K. Patel has been appointed as member, Board of Studies for Pharmaceutical Technology Branch at GTU.
- Dr. N. D. Trivedi was invited as a judge for poster presentation competition in a national conference organized by IPCPRC, Dharmaj on 6th Jan 2019.

- Dr. N. D. Trivedi has qualified the GPAT entrance examination of 2019.
- Dr. N. D. Trivedi has been recognized as Ph. D. guide at GTU in 17th list of GTU.
- Mrs. D. C. Nagda has registered for Ph. D. programme offered by GTU, under the guidance of Dr. (Mrs.) A. D. Captain.
- Dr. V. J. Galani acted as Govt. CPCSEA Nominee of IAEC of Sun Pharma Advance Research Company Ltd. and Department of Zoology, The M. S. University of Baroda, Vadodara.
- Many faculty members had acted as a subject expert in different universities in panel of faculty recruitment.
- Senior faculties of ARGH have worked as expert member of Academic Inspection Committee of GTU, Ahmedabad.
- Senior Faculties of ARGH have worked as member of Fee Regulatory Committee, Government of Gujarat.

Conference/ Work Shop/ Summer/ Winter School etc. conducted

- Two-days Refresher Course for Registered Pharmacist, sponsored by Gujarat State Pharmacy Council (GSPC), Ahmedabad was organized by Dr. A. K. Saluja (Course Director), Dr. A. D. Captain (Coordinator) and Mrs. S. S. Gajjar (Co-Coordinator).

Conference/ Workshop/ FDP etc. Attended

- Faculty members have been continuously attending different national, international seminars, conferences, workshops to update their knowledge and skill in the field of pharmacy.



Aspire and Succeed.

Aspire – Direct one's hopes or ambitions towards achieving something. So recently I was asked- "What do you aspire every man to be?" To that I have to say that, I aspire every man to be personnels who rise to the occasion, embrace it and do justice to the time & attention they are bestowed with. Be a free spirit that actually all of us were meant to be, we are Homo sapiens – we have been blessed with the gift of being able to express, empathise, sympathise, uplift, motivate, support, and love! Every being around us just how they are in their own unique trajectory. So many constructive emotions and actions to choose from I hope you choose wisely and oblige. Definition of success for me would be waking up and being enthused to my core about my purpose of serving the society through my profession.

- Dhyey. H. Soni (B. Pharm. VI)

A 90s kid

How did we grow up so soon I wonder,
And about the days of childhood I ponder.
Unlike today's millennials our childhood knew no bonds,
Free from the grasp of technology, playing cricket, football and pong.
Watching Sachin play for India was a joy,
The only thing broken was a toy.
Calling happened only through a landline,
And movies ran thrice a day, at 3, 6 and 9.
Our social life involved sitting and gossiping,
Stories we heard began with 'A Queen and a King.'
The biggest decision was which pencil to use,
Michael Jackson and his moonwalk were a wonderful muse.
Our fights lasted shorter than a hoodwink,
For never did on Facebook we share what we were feeling.
Sometimes the sight of a child brings back memories,
Popsicles, cassettes and those tales of fairies.
Oh how I wish I could turn back time,
And live forever in those days, good and fine
But alas! Only with memories we must carry on,
Children of the
90s, hoping for a nostalgic dawn.

- Hasnain Ginwala (B. Pharm. VIII)



LIFE

Have you ever driven down a road?
Just to drive with no destination in mind
The road seems to go on and on
With no stopping point
Life is like that long road going on and on
Not knowing when its going to end
But still you strive for another tomorrow
Hoping that in the long run
Everything will turn out alright
Just like the road though
It must come to an end.

- Mythri. P. Rao (B. Pharm. IV)

**IN SEARCH OF GOD**

Where is God?
In the air I breathe
In everything I see
In the wind caressing my face
In a hug and warm embrace
In the blossom budding into bloom
In the quiet and still, alone in a room
In the flowing river, keeper of life
In all creature living and alive
In beautiful music with notes afloat
In the inspired words poets wrote
In sunsets all orange, red and pink
In our hearts, minds when we think
In twinkling stars of the dark night
In hundreds of birds taking to flight
In a tender loving gentle kiss
In a miracle, a prayer, making a wish
In a newborn baby's first heard cry
In all the mysteries and reasons why....

- Soham Karia & Darshil Shah (B. Pharm. VIII)

To Raise Brave Girls

We all know about Kiran Bedi the 1st woman IPS officer. But I want to ask do you know the 1st male IPS officer. No, we don't because security is something males are expected to provide. They are taught to be tough then what about females, we are taught to be shy, sometimes even insecure.

At that time people were surprised to know that it was the woman who was in charge of their safety, even with the best training her skills were doubted. I realized that bravery is not usually expected from women. Bravery is not usually promoted in women. You will find yourself surrounded with people who caution their girls more than boys. You will see mothers telling their little girls not to climb trees or not cycle down steep roads or they are usually guided during such plays. While such kind of plays are usually allowed even promoted for young boys. I want to tell you that at younger age the boys and girls have same strength. What kind of lesson are we teaching our girls from this; that they are not strong enough. We are teaching our girls to be fragile sometimes even helpless. This kind of behavior attacks their confidence. They are unable to make stronger decisions in future due to doubting their own skills.

Here is a fact check that bravery doesn't come from birth. It is learned. Bravery is learned and like all other subjects it needs to be practiced. So to all the women out there I want to tell them to start practicing their bravery. If they find something wrong then raise their voice. To all the parents I would like to say that if your little girl says that she thinks that the road is too steep or she is scared that she will be hurt then tell her to try it let her make her own discovery about it. Let her come to the conclusion not with fear but with "courage".

- Mehak Bhat (B. Pharm. VIII)

જો અખિલ ગુજરાત આદર્શ પતિ માટેની લેખિત પરીક્ષા લેવામાં આવે તો તેનું પ્રશ્નપત્ર કેવું હોય તેનું રૂપરેખા :

- પ્ર. 1. નીચેના પ્રશ્નોના ટૂંકમાં જવાબ આપો (10 માર્ક્સ)
 (અ) લગ્નની વ્યાખ્યા આપો.
 (બ) પત્નીનું મગજ જ્યારે છટકે ત્યારે શું કરવું?
 (ક) આજે સાંજે શું બનાવવું પ્રશ્ન પર પતિનો યોગ્ય જવાબ શું હોય?
 (ડ) આજે શું પહેરું? સમસ્યાનું યોગ્ય સમાધાન કઈ રીતે આપશો?
 (ઈ) સાળાના વખાણ કેવી રીતે કરશો?
- પ્ર. 2 ટૂંક નોંધ લખો (કોઇપણ બે) (10 માર્ક્સ)
 (અ) તમારી સાસુમા અને પત્નીનો દીર્ઘ મોબાઇલ વાર્તાલાપ.
 (બ) સ્વિટ્ઝરલેન્ડ ને બદલે પત્નીને સાપુતારા લઈ જવાના કીમીયા વર્ણવો.
 (ક) શાકના કોડીયામાં આવેલા કેશને જોયા પછીની પતિની મનોદશા.
 (ડ) સાળાના લગ્નની પૂર્વ તૈયારી મુદ્દાસર વર્ણવો.
- પ્ર. 3 આશરે ચારસો શબ્દોમાં નીચેના કોઈ એક વિષય પર નિબંધ લખો (15 માર્ક્સ)
 (અ) “તમારા ભાઈ તો સાવ ભોળા છે” વાક્ય પાછળનો પત્નીઓ નો સ્પષ્ટ આશય.
 (બ) પત્નીએ વાળ ઓળેલા દાંતિયાની આત્મકથા.
- પ્ર. 4 તફાવત આપી સ્પષ્ટ કરો (20 માર્ક્સ)
 (અ) ભાઈ અને સાળાને અપાતી સહાય.
 (બ) મમ્મીની દાળ અને પત્નીની દાળ.
- પ્ર. 5 નીચેના વિધાનો ખરા છે કે ખોટા તે કહો (10 માર્ક્સ)
 (અ) તમારામાં તો સહેજેય બુધ્ધિ જ નથી આવું પતિ કહે છે.
 (બ) પત્ની પ્રશ્ન પૂછે ત્યારે મુદ્દાસર જવાબ આપવા જોઈએ.
 (ક) મારી પત્નીની રસોઈ એકદમ અફલાતૂન છે.
 (ડ) સાસરીયા ઘરે પધારે ત્યારે આપણે કેટલું કમાણા છીએ તે કહેવું જ જોઈએ.
 (ઈ) તમારી દિકરીના પગલે હું બે પાંદડે થયો.
- પ્ર. 6 'મારે બહુ માગા આવતા હતા' કાવ્યમાં કવિનો ભાવ સ્પષ્ટ કરો. (10 માર્ક્સ)
- પ્ર. 7 ખાલી જગ્યા પૂરો (10 માર્ક્સ)
 (અ) પત્નીની વાતમાં હંમેશા પૂરવી જોઈએ. (હા, ના)
 (બ) પત્નીના પિયરમાંથી આવેલ દરેક વસ્તુના કાયમ કરવા (વખાણ, નિંદા)
 (ક) બાજુવાળા બહેનની રસોઈના વખાણ કરવા એ દાંપત્યજીવન માટે લાંબાગાળે..... નીવડે છે. (ઘાતક, ફાયદાકારક)
 (ડ) સાળાને આપેલી કદી પાછી મળતી નથી. (સાંત્વના, લોન)
- પ્ર. 8 નીચેના પ્રયોગનું આકૃતિસહ વર્ણન કરો (10 માર્ક્સ)
 લગ્ન મંડપમાં જતી સોળ શણગાર સજેલી ચાલીસ કિલોની કન્યાની નામ-નિર્દેશવાળી આકૃતિ દોરી સમજાવો.
 (અથવા)
 લગ્નના વીસ વર્ષ પછી વોકિંગમાં જતી બરણી આકારની એશી કિલોની પત્નીને આકૃતિસહ સમજાવો.
- પ્ર. 9 યોગ્ય જોડકા જોડો (05 માર્ક્સ)
- | | |
|----------------------------|-------------------|
| (અ) | (બ) |
| 1. ચાંદલાનું અંતિમ ગાંતવ્ય | 1. સમદુખિયા |
| 2. સાહુભાઈ | 2. નવું ટીવી |
| 3. લેંધાનો નવો અવતાર | 3. પરભવનો લેણીયાત |
| 4. સાળો | 4. કીટી પાર્ટી |
| 5. પારકી પંચાત | 5. પ્લાઝો |

“જીવન પ્રેક્ટીકલ”

જીવનના પ્રેક્ટિકલમાં
અંદગીના રંગીન દ્રાવણમાં
ભૂલથી;
દગો, ઈર્ષા અને વેર નામના પદાર્થો નાખ્યાં,
તો
દુઃખ નામનો અવક્ષેપ મળ્યો
અને
સુખ નામનો વાયુ ઊડી ગયો;
જ્યારે ભૂલ સમજાઈ ત્યારે,
પ્રેક્ટીકલ પૂરો થવાની તૈયારીમાં હતો.

- Kalp S. Patel (B. Pharm. VIII)



“ઈચ્છા અને પ્રેમ”

તમે તમારા પ્રિયજનની ઈચ્છા-અપેક્ષા-આકાંક્ષા જાણીને એને પૂરી કરવા અસમર્થ હોય તો તમે એ વ્યક્તિ માટે લાયક નથી અને એ સંબંધને યોગ્ય નામ આપવા પણ અસમર્થ છો...શું આ સત્ય છે? ઈચ્છાઓની ખાલી જગ્યા તમે પ્રેમથી ક્યારે નથી પૂરી શકતાં ભલે પ્રેમ કેટલો પણ અવિરત કેમ ન હોય ઈચ્છા ઓ હંમેશા બે ડગલાં આગળ જ રહેશે. ઈચ્છાઓ માણસને દોડાવે છે ને પ્રેમ...પ્રેમ તો હમસફર સાથે ચાલતાં ચાલતાં પામવાનો હોય છે. ઈચ્છાઓ જીવન જીવવાનો તર્ક આપે છે. જ્યારે પ્રેમ જીવન જીવવાનો મર્મ આપે છે. માણસ પોતાના કર્તવ્યો પૂરા કરવા ક્યારેક પોતાની ઈચ્છાઓને પણ મારી નાખતો હોય છે. વાત અહીં આવે છે મહત્વની કોને કેટલું મહત્વ આપવું એનો આધાર આપણા મનની પરિપક્વતા પર છે. માણસ એને જ જીવનમા સ્વીકૃત કરશે જે એને લાગશે કે એ વસ્તુ કે વ્યક્તિ એના જીવનમાં સફળ સાબિત થશે. જ્યારે સંબંધની વાત કરતા હોઈએ ત્યારે એ એક ત્રાજવું જેવું વર્તે છે, મધ્યમાં જ્યાંથી પકડીએ છીએ એ કર્તવ્ય બને છે અને બંને પલ્લામાં એક તરફ ઈચ્છા અને બીજી તરફ પ્રેમ વ્યક્તિના જીવનમાં જેનું મહત્વ વધારે હશે એ પલ્લું જ ભારે બનીને એના જીવનમાં ઉતરશે... માણસ ઈચ્છાઓ કરતા કર્તવ્યને એટલા માટે મહત્વ આપે છે કેમકે કર્તવ્યોએ એના સ્વયંની ઊપજ નથી જ્યારે ઈચ્છા એની પોતાની ઊપજ છે એ ચાહે તો એની ઈચ્છાઓ ને દબાવી શકે છે.

- Bhavya Pandya (B.Pharm. VI)

“પૌધા ઓર ફૂલ”

વૌ પહલી બાર જબ દૂનીયા મૈ આર,
ઑંચલ ચુલી ઑંચ પહલી નજર કા,
પહેલા વ્યાઝ થી મૈત્રી માં...
પરીચી કી કહાનીયૌ, સૌતે વત્ત કી લૌચિયા,
ઊસકૈ હાથૌ કી રૌટીયાં
ઊસકૈ ઑંચલ મૈ ચૈકિકરૈ છુપને કૈ સાથૈ
ચિત ગર જિદગી કૈ સ્લસૈ હસિત પલ
હૌં! ચિત ગયા મૈત્રા સુનહરા ચચપન
ઑંગન મૈ લગા પૌધા ચઢતા રહા,
વૌ માનુમ ફૂલ ચિલતા રહા,
ઠક દિન ઑકૈ ઠક શવરૈ નૈ,
કર દિયા ફૂલ કી પૌધૈ સૈ દૂર,
ઑગલૈ દિન ફિર સૈ,
સુરજ નિકલા, ફિર સૈ પંચી સુમ ઊઠે થૈ,
પર સિર્ક કૌ ઠૌ કૈ સંગ મુરસાયા
સા થા વૌ પૌધા ।
ફૂલ જૌ ટૂટા ઠાલી સૈ,
બના સૌમા કિસી ઑંચ કૈ ઘર કી,
ચરસૌ સૈ જૌ પૌધૈ કૈ સંગ થા
છુટ ગયા વૌ ઠક પલ મૈ...
યહી ચિત હૈ સ્સ દુનિયા કી,
ફિર ના મિલા પૌધૈ સૈ ફૂલ।

- Krina A. Patel (B. Pharm. VI)

SPANDAN 2019



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DHAVAL

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#DILDAAR



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DHARMIK

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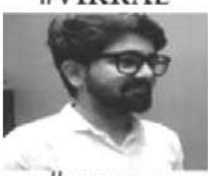
RASHMI

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